

United
Presbyterian
Church
of Peoria, Illinois

The Chimes



Volume.14 Issue.10 October 25, 2017

PANCAKE DINNER

Proceeds benefit the youth mission trip fund

all you can eat...
pancakes
sausage
fruit
& bacon!!!

November 26

5-7 PM

Adults \$7
Kids \$1



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November Calendar

Church Leadership

Session	Laurie Hartshorn, Clerk of Session	
Class of 2017	Class of 2018	Class of 2019
Mike Brown	Jenna Hague	Charlotte Cronin
Rich Helm	Mark Hanson	Mary Jo Mays
Betty Pugh	Linda Kelley	Alicia McKeighan
Colleen Rouzer	Ralph Krall	Megan McKeighan
Jim Sullivan	Cindy Shipley	Kathy Nordvall

Board of Deacons

Class of 2017	Class of 2018	Class of 2019
Derrick Amanor	Victoria Best	Theresa Bender
Brenda Barrett	Marcia Boyer	Ken Krancher
Kay Covey	Rose Dickerson	Pam Madden
Debbie Hanson	Vicki Ghidina	Sue McGill
Pam Harrison	Angie Gross	Rick Noetzel
Kathy Hasselberg	Laurie Hartshorn	Deb Paul
Jeri Maher	Michael Kelley	Nancy Pogue
Jan Mooberry	Ron Kirchgessner	Bev Ranson
Kathy Nixon	Charlene Mousty	Myrna Schwarz
	Sandy Nott	
	Rose Schmollinger	
	Trudy Sholtz	

Session Committee Liaisons

Church Life	Charlotte Cronin
Hospitality & Growth	Linda Kelley
Christian Education	Cindy Shipley
Human Resources	Colleen Rouzer & Alicia McKeighan
Member Care	Mary Jo Mays & Jim Sullivan
Mission	Jenna Hague
Properties	Rich Helm
Stewardship & Finance	Mike Brown & Megan McKeighan
Worship & the Arts	Mark Hanson & Christy Tharenos
Preschool	Kathy Nordvall

Pray for the Holy Spirit to empower the church.

Interested in joining United Presbyterian Church?
 Contact a pastor or visit our website at: www.unitedpc.org.

News and Notes

Letter From Laura

We will be doing a Stewardship series on my first four Sundays with you – every Sunday of November. On November 5th, 12th and 19th, we will be both speaking of the joys of giving in worship and after worship in a short experiential educational event. Stewardship Sunday is November 26th.

While I suspect the participation at these educational events will come from our reading population, please know that children are welcome and encouraged to attend this time along with their responsible adult(s). I will have something age appropriate ready for them. Anyone who can read will be able to keep up with the materials for the adults with some minor assistance.

I have heard that you have some traditions around a learning time during fellowship. Lessons from Laura will be held during the same period. Exact details will be provided after I start partnering with you on November 1st.

I hope you will be able to participate on one or more of the November Sundays.

Blessings,
Rev. Laura

Open House

I'm having an Open House at my new home on Sunday, November 12th from 1:00 to 4:00 pm.

I'd love to have you stop by for a bit, enjoy some light refreshments and give yourself a tour. It has been a blessing to find this duplex and I am enjoying it a great deal. My landlord is even Presbyterian, so I figure it was pre-destined for me to live there.

My address is 6002 N. Old Orchard Drive, just east of the church, off Northmoor Road.

Blessings,
Rev. Laura

Photo Contest Alert

Did you enjoy UPC Nature Connections Monarch Day? Did you get some good photos? One could be a winner! Remember that our *Connecting with Nature Photo Contest* is coming up. Photos must be submitted by February 25, 2018 and may be taken any time from February 2017 until February 25. Photos must be of nature on UPC property (with or without people). Our photo display will be March 11, 2018. So get out there, enjoy the fall and keep snapping! Email judyhelm@telstar-online.net for details.

From the Library

Many thanks to Mildred Berry for the books she donated recently. Thanks also to Mike and Linda Kelly for the donation of books and pamphlets they acquired while Mike was in the hospital and afterwards. These included information on bone marrow and stem cell transplants; eating hints for before, during and after cancer treatments. There is also information regarding leukemia and other illnesses.

The library staff appreciates these donated items. But do remember, if we receive duplicates or books yellowed and in poor condition, we do not keep them. We usually pass them on to one of the missions or Lakeview for their book sale.

We hope you find our library helpful. Please remember that it will soon be time to fill our Mitten Tree again. So start knitting or sewing, and watching for warm caps, mittens and scarves you can donate to our tree.

We have recently acquired "The Magnolia Story," a biography of Chip and Joanna Gaines. To those of you who watch their TV show "Fixer Upper," will find this book most interesting. There are stories from their childhood and stories of life on the farm with four kids and countless farm animals. You will smile often as you read the story and laugh too. Laughter is a powerful medicine.

Enjoy this beautiful fall weather.

101st Birthday

Cyrene Eberle will be celebrating her 101st birthday on November 14, 2017. She would love hearing from her friends at UPC. Her address is: Apostolic Christian Restmoor, 1500 Parkside Ave, Morton, IL 61550.

Christian Education

Children's Sunday School

WHIRL!

After Time with Young Disciples in worship Upstairs Sunday School Rooms

We are taking a new spin on Sunday school. Whirl is a scripture-based Sunday school with engaging lessons and animations that help kids relate the Bible to their lives.

There are 3 classes:

PreK – Kindergarten

1st – 2nd grade

3rd – 6th grade

Children in PreK – 2nd grade will meet in the main Sunday school room to watch our weekly video that introduces the lesson and then split into 2 smaller groups for age appropriate activities. Children 3rd grade – 6th grade will meet in the JUMP START classroom for a video geared toward their age and activities. Parents can pick up their children in the rooms after worship.

Adult Sunday School

9:00 am Sunday Education Hour

Moses:

In the Footsteps of the Reluctant Prophet Sewing Room

Everyone is welcome as we examine Adam Hamilton's study that explores the sites of Moses' life from the Nile River to the Red Sea, from Mt. Sinai to the wilderness. Using historical information, archaeological data, and biblical text, Hamilton will guide us in the footsteps of this reluctant prophet who blazed a trail of faith.

*Children 3+ are welcome to join us upstairs in the Sunday school rooms for activities and the nursery will be available during the 9 am classes.

The Importance of Fellowship

By Karen Miller

On October 10, I went to Panera for our first youth restaurant fundraiser night. We have been trying to be creative about our fundraising. We don't have to add one more thing for parents and youth to have to do on top of school activity and family commitments. We want them to earn their way on the trip, but we also want to be mindful of time and resources, so we tried this idea out. I was worried all day that no one would show up. Arriving at 5, I was already surprised to see Nancy and Dwight Jones eating and others in line ordering. As the hour progressed, I saw more and more people arrive to support the youth group.

I stayed for over an hour and was overwhelmed, and not just by the attendance of over 60 people from UPC in that time period. What I was filled up by that evening was the people interacting, sharing a meal together, catching up and participating in fellowship with one another. Personally, I was able to participate in a game of peek-a-boo, get a few hugs, and discuss the benefits of potato chips on your sandwich. Community was created outside of our church walls and it was incredible. I got to spend time talking to people that I normally do not get to on a busy Sunday morning. We broke bread and we communed around the table.

I was reading about the redwoods in California the other day and learned that they are the largest living things on earth and the tallest trees in the world. Some of the trees are over 300 feet high and more than 2,500 years old. One would think with trees that big and old that their root system must be crazy expansive, but that is not the case. Redwoods have a very shallow root system, but at their roots, they are intertwined. They are tied to one another. When storms hit, the wind will blow, but the redwoods remain standing strong.

With their roots interlocked, the redwoods support and sustain one another. They need each other to survive. So do we. That is why we have Church – to be the body of Christ on earth. We are bound together in this community of faith. This God-given support system that serves a crucial need in our lives.

Hebrews 10:24-25 tells us: "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another – and all the more as you see the Day approaching."

Creating lasting bonds that hold each other up is what we are great at doing. We are so blessed to have one another.

Worship & the Arts

Why Do We Offer Celtic Worship Services?

By Aaron Schultz

It is very easy for churches to fall into the trap of repeating things just because it has worked in the past. Frankly, it is easier to reproduce something because the leg-work has already been done, lessons have been learned, and people generally know how the thing functions in context. As a general rule, I believe churches need to limit the repetition of events while at the same time focusing on how to be innovative in the present and future life of the church.

So why do we offer Celtic worship services several times a year?

There are some simple answers to this. The people who attend it find it very meaningful, the musicians who play at the service really resonate with this particular repertoire. Also, it is a time for members of Session to worship with prayers, silence, music, and Communion before attending the Session meeting.

But there is more...

I learned to love Celtic liturgy because it speaks to the really difficult areas of life without being trite, dismissive, ignorant, or arrogant. The poetic style of the prayer's composition allows for ambiguity of interpretation while still utilizing poignant and unapologetically theological language. The liturgy creates an open space to honestly confront whatever is occurring in your life while still functioning as a balm to ease the pain of life. It is gentle on the soul yet demanding of our attention.

The Celtic liturgy also sees God at work in nature and invites us to look thoughtfully and analytically at how God reveals Godself to us in the dailyness of life. It does not pretend that God shows up in our lives in extraordinary ways; instead it opens up pathways to look inside ourselves to see how God has made us in God's own image. It offers us a look at nature, relationships, water, bread, the sky and all that is below with new lenses. It reminds us of how often God shows up in our lives and how we are asked to show up in other people's lives.

I will leave you with a short and simple Celtic prayer to guide you this day...

That you have made us in the image of your own mystery
thanks be to you, O God.

That in the soul of every human being
there are depths beyond naming
and heights greater than knowing
thanks be to you.

Grant us the grace of inner sight this day
that we may see you as the Self within all selves.

Grant us the grace of love this day
that amidst the pain and disfigurement of life
We may find the treasure that is unlocked by love,
that amidst the pain and disfigurement of our own lives
I may know the richness that lies buried in the human
soul.

Hymns and Hops-moved to December

Since our normal Hymns and Hops gathering falls on Thanksgiving weekend in November, we will be moving it to December 10 at 7:00 pm and it will be held at the Cronin's house! BYOB (beer, wine, soda, etc.) and join us for an evening of singing our favorite Advent and Christmas songs. Space is limited, so call the church office at 309-693-2002 or email Aaron Schultz (aschultz@unitedpc.org) to reserve your spot and receive directions to the Cronin residence.

Celtic Service

We will have a Celtic Worship Service on Tuesday, November 21 at 6:00 pm in the Chapel (room 100) prior to the Session meeting. This service falls during the week of Thanksgiving. We will worship through Celtic prayers, music, and mediations as we reflect on what God has done in our lives and in the life of the community. We will also explore what it means to be thankful in the joyful and trying times of life.

Stream Sermons on the UPC Website

Good news! You can now listen to sermons on the go from UPC. Just go to the sermons page on our website and click to stream the audio version of the sermons. From this point on we will just be offering the streamable version of the sermons so you don't have to be on Wi-Fi to enjoy. Visit the link below to give it a try.

<http://unitedpc.org/worship/sermons/>

Mission

Family Christmas Shop

Family Christmas Shop will be held on Saturday, December 9, 2017, 4:00 pm. This annual event provides gifts for families in our community who are invited to attend and pick out presents, coats, and books for their children at no cost. In addition, the families are able to enjoy an afternoon of holiday treats, family photos, and activities for the kids.

Please save this date and look for the collection boxes for gifts to appear in November. We are collecting new, unwrapped toys. No puzzles or stuffed animals please. Be sure to include the receipt or a note with the price. A sign-up sheet will also be posted in November for volunteers as greeters, registration check-in, nursery workers, gift wrapping, shop assistants, and more. If you are interested in a leadership role please reach out to Jenna Hague at [630-386-0245](tel:6303860245) or jenna.l.hague@gmail.com.

Peace & Global Witness Offering Thank You

On World Communion Sunday, October 1, 2017, we joined with churches around the nation in collecting the Peace & Global Witness Offering (formerly known as the Peacemaking Offering) and collected over \$300. 100% of proceeds from this special offering were designated locally to the Center for Prevention of Abuse in Peoria. Thank you for your support.

Projecto Amar Update

We support Projecto Amar, a school in Brazil, through our One Great Hour of Sharing offering every year. Please see the update from their staff to our church and keep them in your prayers.

Praises:

Check with Trish that you are still on it. Her computer had an issue and she lost 2 years of email information. Thank you for your help.

Dining Tour Books are once again available in the church office for \$30.00. \$10.00 goes to the purchase of supplies for the Share the Warmth ministry. Call or stop by today to pick up your book. There are many new restaurants this year.

Praises:

- Projeto Amar has started to offer Judo classes.
- The Learning Center hosted a special celebration and evangelistic service for Father's Day.
- Dr. Paulo Marcelo volunteered his time to teach on nutrition and how the Bible teaches us to care for our bodies.

Prayer Requests:

- Staff member Maria recently had an operation - pray for a full and quick recovery.
- Staff member Edna is having issues with her blood pressure - pray that it can be regulated.
- The number of robberies and muggings have increased in the community; rival gangs are very active and often they commit murder - prayers for God's protection over the children.
- Please pray that the drought ends - it hasn't rained for three months.
- Pray for the health of the children - many are suffering from respiratory problems.
- Please pray for a student named Cristian who has been struggling with peer pressure.

Youth Groups

JUMP START – a youth group for ages 8-11 that meets 2nd Sundays in Fellowship Hall from 2:00 – 3:15 pm. Each afternoon is themed with a lesson and crazy games to create bonds with each other and with God. We hope to move to twice a month in the new year.

RUSH – a youth group for ages 12-15 that meets 3rd and 4th Sundays from 3:30 – 5:00 pm in the youth room.

QUEST – a youth group for ages 16+ that meets 3rd and 4th Sundays from 5:00 – 6:30 pm in the youth room.

RUSH & QUEST SERVICE SUNDAYS – 2nd Sunday of the month the groups will meet together from 3:30 – 5:30 pm to work on their long-range service project or we will have UPC members sharing their gifts with them and teaching. Some things they may be learning this year are: cooking a simple meal, changing oil or tire, painting and more.

***RUSH & QUEST** will not meet 4th Sundays in November and December due to a pancake supper fundraiser and Christmas.

JUMP START

Foot Frenzy!

Sunday, November 12, 2:00-3:15 pm

We are going to play some feet themed games that you won't want to miss along with some time for devotion, sharing our highs and lows, and praying for one another.

RUSH & QUEST Combined

Sundays, November 12 & 22

3:30 – 5:00 pm

Activity TBD so check your email for updates.

RUSH

Sunday, November 19

3:30—5:00 pm

We will make baked goods for the bake sale at the Oliver's Pizza fundraising night on Monday, November 20th.

QUEST

Sunday, November 19

5:00 – 6:30 pm

We will make baked goods for the bake sale at the Oliver's Pizza fundraising night on Monday, November 20th.

Pancake Supper Fundraiser

Sunday, November 26, 4:00—8:00 pm

Pancake supper will be from 5:00—7:00 pm. Volunteers need to come by 4:00 pm to help set up. This is a fundraiser for our trip to Orlando, so please plan to help out.

Restaurant Fundraisers

Oliver's Pizza*

Monday, November 20

Please mention that you are there for the UPC Youth when you order.

*At this one, Oliver's will allow us to hold a bake sale during the event and keep the

profits. If each family could plan to provide an item for the bake sale, that would be a huge help. Please contact Karen Miller to coordinate. Thank you.



News and Notes

Anna Circle

When: Thursday, November 9, 2017, 6:00 pm

Where: WeaverRidge

Lesson: Chapter 3 the Girl's Still Got it (Study Guide in the back)

Mission: Share the Warmth Blanket Ministry

Workdays scheduled for October 28 and November 18 at 9:30 am.

Church Life

How to Make a Potholder and a Potholder Bowl Cozie

November 11 from 9:00 am – 12:00 pm

Fellowship Hall

- Please bring your own sewing machine.
- Registration will cost \$5.00.
- We will be making a 10" x 10" potholder bowl cozies and 9" x 9" hot pads.
- Neither of our projects needs bias binding. Yay!
- We will provide each participant with a half yard of Wrap n Zap batting.
- More batting will be available for purchase.
- Each participant is responsible for bringing their own fabric.
- Each bowl cozie requires 2 - 10" squares of fabric.
- Each hot pad requires 5 - 10" squares of fabric (one is for the bottom and 4 are folded in half and overlapped for the top).
- Patterns will be available will be available for larger bowl or baking dishes. So bring as much fabric as you'd like for more fun.
- Be sure and bring 100% cotton thread if you intend to use these products in the microwave.

BUNCO

BUNCO will be on Friday, November 10 at 7:00 pm. Bring \$1.00 and a snack. The \$1.00 helps with prizes and the snack is to share. Invite friends for a fun filled evening. RSVP Eunice Andrews at 688-8458 or Betty Pugh at 822-8500.



Eating Together

Men's Breakfast: November 9, at Le Peep, 9:00 am

Ladies Night Out: November 16, 6:00 pm, Jason's Deli in East Peoria. RSVP to Eunice at 688-8458 or Betty at 822-8500. Come early and visit.

News and Notes



Pancake Supper Fundraiser

Sunday, November 26

5-7 pm

\$7 Adults/ \$4 Children

Don't cook dinner! Join us for pancakes, sausage, bacon and fruit with all proceeds helping our youth fund their 2018 mission trip. Bring family and friends to join us anytime.

VIVID



VIVID

Sunday, November 5, 4:00 pm

We will celebrate how thankful we are through song, story and service projects. We have so much, so we will spend time creating for others. Dinner will be Jason's Deli. Please join us.

Health and Wellness

From the Parish Nurse

Eating Meals as a Family is Fun and Good for You!

Sitting down for family meals seems harder to do these days when everyone is running in different directions. But a recent study published in the Journal of Pediatrics found young adults who ate just one or two family meals a week as kids were 45 percent less likely to be overweight as compared to those who had never eaten with their families.

Some of the thinking behind this is that when we eat as a family we eat more slowly and intentionally. Parents may be more careful about the kinds of foods they serve. Portion sizes or how much we actually consume tends to be less. But eating together can also promote connection and a sense of love and belonging which helps reduce the impact of stress on the body. We know that stress can stimulate the production of hormones that can affect our metabolism or our ability to burn fat. Caring, supportive interaction with other people is one of the most powerful ways to help our bodies release stress.

Not sure where to start? Here are a few tips to get things started:

- If you are not used to eating meals together, aim for just one or two nights to begin with. Keep an open mind and be willing to add more meals together as schedules allow.
- Get the kids involved in the meal planning. Get out family favorite recipes or find new recipes to try online.
- Give everyone a job to help get the meal on the table. Kids need to be in the kitchen too. Not only are you spending time with one another, you are teaching valuable life skills at the same time.
- Once gathered around the food, talk about your day. Discuss highs and lows or upcoming things in one another's lives. Sometimes it is fun to break out random questions and learn about one other such as: "If you could be any animal what would you be and why?"

Eating as a family is fun and doesn't take as much time as you might think. Give it a try.

Thank you

A Very Much Appreciated Thank you to all my UPC Friends,

I want to send my thank you after my personal experience of being honored as a U.S. Army veteran.

On Tuesday, September 26th, 2017, as an Army veteran I was honored by everyone. I want to give a special thank you to my son-in-law, Randy Hurd and my daughter, Sue Hurd, who arranged this for me. The Peoria organization, The Greater Peoria Honor Flight Group provided an airplane flight to Washington, D.C. for 152 veterans and guardians to spend the entire day visiting many different memorials . . .World War II Memorial...Korean War Memorial. . .Vietnam Memorial...Lincoln Memorial...Air Force Memorial...President Roosevelt Memorial...and then finally, The Arlington Cemetery, including the changing of the guard.

We arrived home at the Peoria Airport about 11 PM and were greeted by thousands of people and my entire family . . . including those from Chicago. . Nashville . . Monmouth and all around the Peoria area, and my special veteran friend, Dwight Jones and daughter, Nancy from UPC.

After one of the most memorable days of my entire lifetime of 85 years . . .I give special thanks to everyone.
Loyd Weber

Thank you for the rose and all the inquiries on the Sunday following my hospital stay.

Betty Keller

Dear UPC

Thank you for letting us use the sanctuary for our wedding. We have felt so welcome as part of the UPC Family. UPC is truly home and there's no place we'd rather be.

Love, Rob and Clay

A special thank you to all for the kind messages and encouragement from the congregation.

Mary Buesing